



The Refuge Center

FOR COUNSELING

Pre-Interview Questionnaire

How did you hear about The Refuge Center and what interested you in our agency?

Where are you enrolled in school and in what program?

Are you currently employed?

If yes, where at what kind of work?

Do you have any special job skills or training?

How would you describe the ideal work culture?

What are the key motivators that encourage you to perform at your best?

What kinds of things do you engage in to cultivate personal and professional development?

Where do you expect to be in two years? Five years? And how might an opportunity with The Refuge Center fit with your long-term goals?

Have you ever been terminated from a job before? If yes, please explain.

What relationships have the greatest influence in your life right now?

Has there been an event in your life (either positive or negative) which was so intense that it permanently affected your outlook on life? (If yes, please describe briefly)

What beliefs or values have been most important in guiding your life?

What feelings or emotions do you have when you think of God; is there any particular image that comes to mind?

Is there anything you do to help nurture or maintain your faith/spirituality?

What role(s) did you play in your family of origin?

Please answer the following questions in 1-3 sentences.

1. How would you define clinical excellence?
2. What types of therapy are you most interested in using?
3. What population do you see yourself working most with?
4. What is your experience with that population?
5. What is your schedule availability/flexibility?
6. What types of continuing education opportunities do you engage in related to this field?

Review the following case examples and write a treatment plan outline that you would follow based on the client presentation.

Case Example 1:

A 35 year old female comes to the initial session complaining of physical aches and pains the doctors cannot explain. She states that her doctor recommended she come to a therapist. She explains that she has had several instances of shortness of breath and feeling like she was going to die. She also complains of having difficulty sleeping. She has been married for 10 years to the same man and has 3 children. Throughout the session she glances toward the door frequently and is easily startled by noises coming from the hallway. Her symptoms checklist also includes persistent worry, guilt, fatigue, and nightmares. When you ask the client if it is okay to contact her at home, she immediately tightens in the chair and asks if no one contact her but if it is okay for her to contact the agency as needed.

Case Example 2:

A mother calls for her 8 year old son who is having behavior problems at school. The boy has had a decline in his grades over the last several months and is constantly getting in trouble in the classroom for small disruptions like talking when he is not supposed too, getting out of his seat, and disturbing those around him with noises in class. The mother states he has been showing some aggression at home with his siblings, and has been refusing to follow directions and do his chores. The mother states that the client's father is not involved in the child's life. She was married a year ago to a man with whom she has a 4 year old. The mother states that her husband is the only father the 8 year old has ever known. The mother mentioned that her and her husband differ on discipline and argue often when it comes to the 8 year olds behavior.