

Men's Core Emotions

September 12-December 5
Thursday Mornings
from 8am-9:30am

Led by: **Pike Williams, LMFT**
and **Kaylin Thistle**

A 10-week group for men using
Chip Dodd's *Voice of the Heart*.
Participants will learn to identify
emotions and to use them to
process life events and build
intimacy in a healthy way.

**COST IS \$35, \$55, AND \$75 PER SESSION
AND BASED ON ANNUAL INCOME;
FINANCIAL HARDSHIP IS AVAILABLE**

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