

# Middle School Group

**Understanding Core Emotions**

**Monday, June 24th-  
Thursday, June 27th  
9am-12pm**

**Led by: Nancy Manan and Les Parker**

**Difficult emotions can often lie beneath the surface and direct our actions. In this group 6th through 8th graders will learn about core emotions, anger, expressing themselves, and identifying their needs while speaking their truth.**

**6th-8th graders**

**COST IS \$350 AND FINANCIAL HARDSHIP  
IS AVAILABLE**

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