

# High School Group

Worry & Anxiety

Monday, July 8-  
Thursday, July 11th  
9am-12pm

Led by: Heather Canonico and Tatum Hochstetler

Focused on helping teenage girls have a better understanding of their anxiety and learning effective ways to manage their symptoms.

**Ages 15-17 girls**

COST IS \$350 AND FINANCIAL HARDSHIP IS AVAILABLE

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