

Men's Core Emotions

May 7-July 23

Tuesday Nights from 6pm-7:30pm

Led by: Pike Williams and Jesse Penland

A 10-week group for men using Chip Dodd's *Voice of the Heart*. Participants will learn to identify emotions and to use them to process life events and build intimacy in a healthy way.

COST IS \$35, \$55, AND \$75 BASED ON ANNUAL INCOME; FINANCIAL HARDSHIP IS AVAILABLE

REGISTER AT
REFUGECENTER.ORG/GROUPS

