



The Refuge Center
FOR COUNSELING

High School Grief Group

A 6-week group for high schoolers who have lost a parent or sibling. The group will help you learn how to cope with loss, adjust to a "new normal," and honor those you have lost.

Meets every other Wednesday,
5:30-7:00pm, starting February 22nd



Cost is \$25-\$65 based on annual income
Sign up at www.therefugecenter.org/groups
615-591-5262 ext. 113