

MEN'S GROUP

Tuesdays 5:30-7:00 pm (Starting March 9, 2021)

*Fear Hurt
Guilt Lonely Sadness
Shame Joy Anger*

Group Details

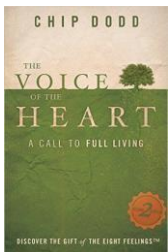
- When: Tuesdays, 5:30-7:00 pm
- Begins: Tuesday, March 9, 2021
- Duration: 10 Sessions
- Where: The Refuge Center for Counseling
- Cost: \$250, covers all 10 sessions
(note: cost cannot be reduced for absences.)
- \$25 discount available if paid in full at first session.
- Flexible payment plans (and hardship allowances) available, if needed.
- Group size will be limited to 6 with social distancing in place.

Leaders:

Pike Williams, LMFT
Matthew Maloney, Masters Level Intern

Purpose:

To provide a small group experience to help men identify, understand and use their emotions to process life events and build intimacy in relationships in healthy ways.



Participants will be asked to read, *The Voice of the Heart*, by Dr. Chip Dodd. Books will be available for purchase for \$15 during the first session or you may purchase elsewhere.

RSVP: Pike Williams at pike.williams@therefugecenter.org if interested in attending.