



The Refuge Center
FOR COUNSELING

GRIEF CARE GROUP

A SPACE FOR HEALING

WEDNESDAYS 9-11AM

MARCH 4-APRIL 29 2020

Join us for 8 weeks of group therapy
focused on:

- understanding grief & its impact
- processing emotions related to loss & grief
- offering & receiving support from others who have experienced loss
- finding tools for healing

Facilitators:

Kelcie Silva, LMFT

Hannah Owens, LCSW

Cost:

\$40/group

or

\$288 upfront

Email hannah.owens@therefugecenter.org for
more information or to sign up