

# MEN'S GROUP

*Tuesdays 5:30-7:00 pm (Starting July 23, 2019)*

*Fear Hurt  
Guilt Lonely Sadness  
Shame Joy Anger*

## *Group Details*

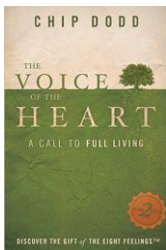
- When: Tuesdays, 5:30-7:00 pm
- Begins: Tuesday, July 23, 2019
- Duration: 10 Weeks
- Where: The Refuge Center for Counseling
- Cost: \$250, covers all 10 sessions  
*(note: cost cannot be reduced for absences.)*
- \$25 discount available if paid in full at first session.
- Flexible payment plans (and hardship allowances) available, if needed.
- Group size will be limited to 10-please RSVP.

### Leaders:

Pike Williams, LMFT;  
Kristin Finch, MA, NCC

### Purpose:

To provide a small group experience to help men identify, understand and use their emotions to process life events and build intimacy in relationships in healthy ways.



Participants will be asked to read, *The Voice of the Heart*, by Dr. Chip Dodd. Books will be available for purchase for \$15 during the first session or you may purchase online.

**RSVP: Pike Williams at [pike.williams@therefugecenter.org](mailto:pike.williams@therefugecenter.org) if interested in attending.**